

# PACKING TIPS

## & CHECKLIST



*Island Travel Group*

### **TICKETS/VOUCHERS**

### **CURRENCY**

- Small bills preferred
- Order in advance if necessary

### **BAGGAGE TAGS**

- Inside and out

### **PHOTOCOPIES OF ALL TRAVEL DOCUMENTS**

### **CURRENCY CONVERTER**

- Cheatsheet

### **PRESCRIPTIONS/MEDICATIONS**

- Including eye glasses

### **EXTRA PLASTIC BAGS**

### **SEWING KIT**

### **EARPLUGS/SLEEP MASK**

### **BUG REPELLANT**

### **SUNSCREEN**

### **FOLD UP UMBRELLA**

### **CAMERA BATTERIES**

### **PATIENCE & HUMOR**

### **PASSPORT**

- At least 6 months remaining validity

### **CREDIT CARDS**

- Without international transaction fees

### **MONEY BELT OR SIMILAR**

- Lightweight and safe

### **LANGUAGE CHEATSHEET**

- Phrase list
- If necessary

### **ADDRESS BOOK**

- To send postcards

### **MINI FIRST AID KIT**

### **DECK OF CARDS**

- Travel games

### **SUN GLASSES**

- Extra glasses

### **CAMERA AND CHARGERS**

### **1% CORTIZONE CREAM**

### **HAND SANITIZER**

- Towelettes/Wipes



*Island Travel Group*

# PACKING TIPS

## & CHECKLIST

- Pack with limited color schemes so you can easily mix and match, while minimizing accessories and shoes.
- Use your beach bag as a carry-on, magazine bag, to fit under your seat.
- Pack easy-care fabrics (wrinkle-free, cotton-knit, etc.)
- Wrap toiletries, including lotions, in plastic bags, in case they leak.
- A few things you don't need to pack are towels, irons or hair dryers, as these are generally available at the hotel.
- Pack a small pouch with commonly needed items, including pain relievers, bandages and a small sewing kit.
- The last items you pack should be the first things you'll need when you arrive at your destination.
- Don't forget important travel documents like prepaid vouchers, your drivers license, passport (necessary for all international travel), international driving permit, and travel insurance cards.
- Check baggage limits, including number of pieces, size, and weight restrictions. A personal item must fit under the seat in front of you. A carry-on must fit in the overhead bin.
- Place your necessary I.D. for check-in, air ticket receipts, travel insurance documents, and contact information you may need during travel, where it is safe and easily accessible. Once you have arrived at the resort, place these important documents in your room safe, or safe deposit box at the front desk. Allow someone at home access to a copy in case of loss.
- Contact your credit card company and give them your travel dates. This will assure they will accept your charges during your vacation, and deny any charges that may show from that destination after you return (if someone would try to use your number.) Debit cards are not always accepted, so a major credit card is recommended. \*Make sure your card does not charge "foreign transaction fees" if using the card while traveling internationally.

- Bring plenty of \$1's and \$5's for tipping and small purchases. While it is not always necessary to exchange currency in the Caribbean and Mexico, if you pay with a large bill, you will get local currency in change.
- In terms of getting a good exchange rate on currency, the ATM machine is almost always your best bet.
- You will usually be offered the option to be charged in the local foreign currency or your home currency; always choose to be charged in the local currency.
- If you expect to arrive at your hotel before the designated check-in time, pack your swimsuit, sunscreen, flip-flops or sandals and other beach gear in a carry-on bag. If your room isn't ready when you arrive, at least you can still hit the beach or pool. The front desk will store your luggage for you until you can check-in.
- If your resort offers an upscale restaurant that you plan to visit, there may be a dress code. Pack dressier clothes and shoes for a nice dinner. Typically no jeans, shorts, sneakers or flip-flops are allowed in the dining room.
- Bring a light jacket or sweater - sometimes evening breezes off the water can be cool.
- Sunscreen with a high SPF is a necessity if you plan to be outdoors. Consider bringing a hat or visor, and don't forget the sunglasses. If you expect to do any hiking, you will also need insect repellent.
- Scuba divers should bring their diving certificate card.
- Bring plenty of memory cards, chargers, and batteries, including remote chargers, as these items can be pricey if purchased at the resort.
- Pack an extra pair of contacts or glasses.
- Put prescription medicines in your carry-on bag, in case your checked baggage is delayed.
- If you want to stay connected to home, while in destination, check the hotel internet options. Always carry your laptop on board your flight.
- You may bring your cell phones, however, you must call your mobile service provider to assure you will have service at your destination, and to purchase an international plan. Although it will still cost quite a bit to call, the International Plan will make the fees much more tolerable. Inquire about texting, talking, and data packages. We suggest that you ask them to walk you through shutting off data on your phone. You can always turn it back on when . you are connected to the resort wifi.



*Island Travel Group*

# PACKING TIPS

## & CHECKLIST

72 hours prior to departure: Call your airline or go online to reconfirm your flight schedule, seat assignments and baggage charges.

For the latest airport security procedures and prohibited items, visit [www.tsa.gov](http://www.tsa.gov).

- Pack an envelope or ziplock bag to keep all of your receipts of purchases made. It will come in handy when completing your customs form, and you may be able to claim a tax/duty refund.
- Pack your bag in a manner that will facilitate inspection. It is best to put all items purchased abroad in one bag or area of your suitcase.

While it may seem customs officials serve only to make international travel difficult, please remember that customs agents attempt to keep drugs out of our country and protect U.S. products, trademarks and immigration laws. For more information visit [www.customs.gov](http://www.customs.gov).





# Travel Checklist

## Before Packing

---

- Liquids, gels and aerosols packed in carry-on must follow the 3-1-1 liquids rule:
  - **3.4** ounces or less per container
  - **1** quart size, clear, plastic, zip top bag (all liquids must fit in bag)
  - **1** bag per passenger
- Review the prohibited items list for both carry-on and checked baggage.
- If purchasing a baggage lock, be sure to look for those that are TSA recognized.
- Tape a card with your name and contact information on your electronics.

## When Packing

---

- Pack items in layers (shoes one layer, clothes one layer, electronics one layer, etc.)
- Firearms are only allowed in checked baggage and must be unloaded, placed in a locked, hard-sided container and declared to your airline.
- All fireworks contain explosive materials and are not permitted in checked or carry-on baggage.
- Pack large electronics on top layer of carry-on for screening accessibility.
- Place your 3-1-1 bag with liquids, gels and aerosols in the front pocket of your carry-on for accessibility.
- If traveling with a pet, be sure to bring a leash so carriers can be properly screened.

## **Before Leaving for the Airport**

---

- Give yourself enough time to arrive at the airport early.
- Wear easily removable shoes.
- Passengers with a disability or medical condition may call ahead to the TSA Cares toll free helpline at (855) 787-2227.

## **Before Entering the Checkpoint**

---

- Eligible passengers look for the TSA PreCheck™ lane for expedited screening at participating airports.
- Have your ID and boarding pass out for inspection.

## **In Standard Screening Lane**

---

- Remove the 3-1-1 liquids bag and place it in the bin.
- Ensure pockets are empty (keys, tissues, currency, wallets, cell phones, etc.) and remove bulky jewelry (valuable items can be placed in carry-on).
- Remove your shoes and place them directly on the X-ray belt.
- Remove personal electronic devices larger than a cell phone from your carry-on bag and place them into a bin with nothing placed on or under them for X-ray screening. (E.g. laptops, tablets, e-readers and handheld game consoles.)
- Remember to check the bins and collect all belongings after going through screening.

You have been selected to participate in a brief survey about your experience today with Transportation Security Administration. If you would like to take the survey please indicate by clicking the button below. Then feel free to complete the survey at your leisure after you are finished with [tsa.gov](https://www.tsa.gov).